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| https://donations.diabetes.org/images/friendraiser_uploads/13288.1346741147.custom.jpg**Chris Glockler****learn about our team or join**www.upstatepeloton.com/tdc | **Ask me about the** **Tour de Cure** **100km bicycling fundraiser on 6/1/2025 to benefit Diabetes research**

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| --- |
| **Please make a donation****Scan QR code with your camera** |
|  | **🡪** |  |
| www.upstatepeloton.com/TDC/?donate |

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For over 30 years, Tour de Cure has made an impact on the lives of the 34 million Americans living with Diabetes and their families. By making a donation or joining our team, you will be helping the Association provide community-based education programs, protect the rights of people with diabetes and fund critical research for a cure. |

Notes/Suggestions:

* QR code generator: <https://www.qrcode-monkey.com/#url>
	+ Be sure to spell out URLs underneath updated QR codes
* Colored Border is supposedly for 8x10 frame (which is cheaper than 8.5x11)
	+ Red border is fine for 8.5x11 frame since that’s the official color of ADA
* Update barcode URLs to point directly to your page (create a vanity URL in your profile)
	+ See: <http://www.upstatepeloton.com/TDC/?personalpage>
* Change personal photo / name to you
	+ Use the same photo above as on your TdC personal page
	+ Use a custom last name with store name if fundraising in a retail environment for an individual team
* Use Photo paper and “best photo” (or whatever your printer driver calls it)
* Save paper, only print the first page